Sankalpa Bhogah Wellness Company

Class Membership, Founding Membership, Pre-Purchased Yearly Membership & Class Punch Card Policy and Guidelines

Founded by Marie Benoit, Sankalpa Bhogah is a premier wellness center dedicated to promoting holistic wellness through yoga, massage therapy, breathwork, sound healing, and other holistic modalities. Our mission is to integrate these practices into a cohesive approach and implement evidence based solutions and programs for well-being, enhancing physical, mental, and emotional health on a global scale.

\*\*Services Offered\*\*

Sankalpa Bhogah offers a comprehensive array of services aimed at fostering overall well-being through a holistic approach:

\*\*Yoga\*\* Diverse classes catering to all levels, including specialized sessions for various needs and interests.

 \*\*Pilates\*\* Core-strengthening classes that improve flexibility, build strength, and enhance endurance.

 \*\*Workshops and Retreats\*\* Focused sessions on deepening practice, understanding wellness principles, and personal growth.

\*\*Massage Therapy\*\* Ranging from Swedish and deep tissue to more specialized techniques like lymphatic drainage and Cupping Massage.

\*\*Supplements, Retail Clothing/ Props/ Oils and Personalized Wellness Consultations\*\*: Tailored advice on nutrition and holistic health practices.

\*\*Holistic Health and Wellness Coaching\*\*: One-on-one coaching to guide personal health journeys.

\*\*Body Contouring Treatments\*\*: Non-invasive procedures designed to complement wellness and fitness goals.

**\*\*Membership Options\*\***

**\*\*Founding Members Membership: Exclusive Offer\*\***

Availability: Limited to the first 25 individuals who register between May 1, 2024, and May 20, 2024.

Rate: $85 monthly per person, guaranteed not to increase for 3 years, contingent upon uninterrupted, timely payments. ($170 Dance Family Promotional 2 adults 2 children)

**Founding Memberships**

**Sign-Up** - A special sign-up link with a code will be posted on our social media pages. This code is valid for the first 25 registrants and will no longer be available after 11:59 pm EST on May 20, 2024

**- Initial Fee-** A one-time membership fee of $85 per person is charged at registration ($170 for 2 adults).

**- Monthly Payments-** Commence on June 1, 2024, via automatic debits.

**Founding Membership Categories**

**-Regular Founding Membership:** Includes all standard benefits for individual members without additional family inclusions.

**-Dance Parent Founding Membership:** Includes all benefits for one dance mom and one dance child name under a single membership.

**-Dance Family Founding Membership:**  Offers all founding membership benefits for one dance mom, and includes one dance dad, plus class access for 1 additional child’s name under their membership access. (Family is considered 4 people to a family membership ONLY)

**\*\*Note\*\*: Membership fees cover only classes and regular workshops. Charges for massage services or body contouring services are separate and not included in the membership dues.**

***Founding Membership Benefits***

 - Exclusive access to pre-opening classes.

- Priority booking and the ability to pre-book classes before the schedule is publicly released.

- Unlimited class access.

- A 10% discount on regular-priced products and massage services.

- Minimum 3-month active membership required, starting June 1, 2024.

-Founding Members will not receive any rate increase until June 1st, 2027as long as there is no lapse in payment between June 1st 2024 and June 1st, 2027

*\*\*\*\*\**\*\*Cancellation Policy (FOUNDING MEMBERS) \*\**\*\*\*\*\**

- Members must submit a written cancellation request 15 days prior to the next billing cycle to avoid charges. We do not Pro-Rate or Refund. Cancellation results in forfeiture of the discounted rate (including the standard membership policy guidelines) and ineligibility to rejoin at the founding membership level. All other regular membership cancellation policies apply. Please read our full cancellation policy for more details.

**Unlimited Monthly Memberships**

\*\*Rate\*\* $100/month with a 3-month minimum commitment.

\*\*Benefits\*\*5% discount on regular-priced products and services.

\*\*Sign-Up Policy\*\*Non-prorated; charges apply immediately upon sign-up with autopayment required. SEE MEMBERSHIP POLICY

**Limited Monthly Memberships**

\*\*Rate\*\* $80/month for 8 classes with a 3-month minimum commitment/ $15 dollar drop in rate will be charges to any additional classes taken in that month

 \*\*Benefits\*\* 5% discount on regular-priced products and services.

\*\*Sign-Up Policy\*\* Non-prorated; charges apply immediately upon sign-up with autopayment required. SEE MEMBERSHIP POLICY

**Pre-Purchased Class Cards and Yearly Memberships**

At Sankalpa Bhogah Wellness Center, we provide pre-purchased class cards and yearly memberships as part of our commitment to offering flexible and comprehensive access to our classes only. This policy details the terms and guidelines for these pre-purchased options, aligning them with our overall membership and cancellation policies.

**Pre-Purchased Class Cards**

1. \*\*Availability and Usage\*\*

 - Class cards are available in various denominations and allow members to purchase classes in bulk at a discounted rate. Class card holders do not receive the membership percentage discounts

 - Class cards can be used to attend any scheduled class that does not require special registration or additional fees.

2. \*\*Validity\*\*

 - Class cards are valid for 18 months from the date of purchase. Unused classes expire at the end of this period, and no refunds are provided for unused classes.

3. \*\*Flexibility for Guests\*\*

 - Class cards can be used to bring a family member or friend to classes. Each guest visit will deduct one class from your class card. This allows you to share your wellness journey with others close to you.

4. \*\*Non-Refundable and Non-Transferable\*\*

 - All class card purchases are non-refundable and non-transferable between different members' accounts, except when bringing a guest as stipulated.

5. \*\*Cancellation of Classes\*\*

 - If a class is cancelled by the member, a 24-hour notice is required. Failure to provide the necessary notice will result in the deduction of a class from the card without a refund.

**Pre-Purchased Yearly Memberships**

1. \*\*Payment and Terms\*\*

 - Yearly memberships require full payment at the time of purchase and provide unlimited access to classes for the duration of one year.

 - These memberships include the same benefits as monthly unlimited memberships but are paid upfront at a discounted rate.

2. \*\*Non-Refundable and Non-Transferable\*\*

 - Pre-purchased yearly memberships are non-refundable and non-transferable. Once purchased, they cannot be transferred to another person under any circumstances.

3, \*\*Cancellation Policy\*\*

 - Yearly memberships cannot be cancelled during the membership term. However, exceptions may be considered in cases of severe medical issues or relocation, subject to management approval. Documentation will be required to process any exceptions.

4. \*\*Freeze Policy\*\*

 - Members may request to freeze their yearly membership once during the membership term for up to three months. A written request must be submitted at least 30 days prior to the desired start date of the freeze.

**General Terms for Both Options**

**Changes to Terms and Conditions**

 - Sankalpa Bhogah Wellness Center reserves the right to modify these terms and conditions as necessary. Any changes will be communicated to all affected members in advance.

**Compliance with Membership Policies**

 - Holders of pre-purchased class cards and yearly memberships must adhere to the same facility rules and regulations as outlined in our policies and procedures, ensuring a respectful and cooperative environment for all participants.

**Conclusion**

Pre-purchased class cards and yearly memberships are intended to provide our members with flexible and economical ways to enjoy our wellness services. By purchasing these options, members agree to the terms outlined in this policy, which is designed to ensure equitable access and usage of our facilities, maintaining the high standard of service at Sankalpa Bhogah Wellness Center.

*Unlimited Membership Sign-Up Policy*

**Commitment:**

• Membership requires a minimum commitment of three months with continuous

autopayment.

**Cancellation Policy:**

• To cancel your membership, a written request must be submitted at least 15 days

prior to the scheduled debit to avoid charges.

• Upon cancellation, you forfeit access to member discounts and cannot restart

your membership for a period of three months.

**Pro-Rating Policy for Unlimited Monthly Memberships:**

• ***We do not pro-rate months.*** If you sign up for an **unlimited monthly membership**

on any day between the **1st and 21st of the month**, you will be charged at that

time for that current month and your Unlimited Monthly Membership will begin.

You will then be automatically charged on the 1st of next month.

• Example: Jane comes in on June 18th and signs up. She is charged at that

time for the full month of June and can take as many classes as she would

like to for the remainder of the month. Jane will be charged July 1st for her

July Membership. Jane will now have 2 months of autopay and the ability

to cancel after her August 1st charge has processed if she decides she no

longer wants to be on a monthly unlimited membership.

• If you sign up for an **Unlimited Monthly Membership on the 22nd** day of any

given month, you will have a hold placed on your card for July 1st membership

fee and only be charged for the class that day at a special discounted drop-in

rate of $10 per class. You will then be charged $10 per class for the classes you

take for the remainder of the current month, and your first Month Unlimited Auto

Charge will commence on the 1st of the following month at which time your

Monthly Unlimited Membership Status officially begins. \*\*The $10 per class rate

is only valid if you maintain your minimum commitment for the 3-month

unlimited membership terms and conditions.

• Example : Jane comes in on June 23rd and signs up for a monthly unlimited

membership. She will be required to place a valid card on file and a hold

for the unlimited membership rate (not charged at that time) and is

charged at that time only for the discounted drop-in rate of $10 for the

class she is taking that day. On July 1st the hold that was placed on Janes

card will lift and she will be charged for her July Unlimited Monthly

Membership. Jane will have 1 month of autopay and the ability to cancel

after her September 1st charge has processed and continue to practice the

entire month of September. (If Janes decides not to do the unlimited

monthly membership prior to the July 1st charge, Jane will be back charged

for all of the classes Jane took between June 23rd and July 1st at the full

Drop in rate of $20 per class

This policy outlines the terms and conditions for signing up for an unlimited

membership with our facility. Please review it carefully before you commit.

Pro-Rating Limited Monthly Memberships:

**Pro-Rating and Policy for Limited Monthly Memberships:**

**• We do not pro-rate months.** If you sign up for a Limited Monthly Membership on

any day between the 1st and 26th of the month, you will be auto-charged at that

time and receive your 8 classes and then you will be charged again on the 1st of

next month.

• If you sign up for a Limited Monthly Membership on the 27th day of any given

month, you will be charged a special discounted drop-in rate of $10 per class for

the classes you take for the remainder of the current month, and your first Month

Limited Membership Auto Charge will commence on the 1st of the following

month.

• The $10 per class rate is only valid if you maintain your minimum commitment

for the 3-month limited membership terms and conditions.

• This policy outlines the terms and conditions for signing up for a Limited Monthly

Membership with our facility. Please review it carefully before you commit.

**YOGA/ PILATES MEMBERSHIP PAYMENT POLICIES**

Failure to Fulfill Minimum Commitment Policy for Unlimited Monthly Memberships

At Sankalpa Bhogah Wellness Center, we are committed to providing an equitable and well-managed membership system. To maintain this, the following policy outlines the necessary steps and consequences for members who do not fulfill their 3-month minimum commitment with continuous autopayment, as initially agreed upon during their sign-up for the Unlimited Monthly Membership.

Policy Overview

Membership at Sankalpa Bhogah Wellness Center requires a 3-month minimum commitment with continuous autopayment. This policy supports the integrity of our operations and ensures that all members fully benefit from our wellness programs.

Failure to Pay

1. Initial Payment Failure:

 - If autopayment fails due to insufficient funds or credit card issues, the member will be notified immediately to resolve the payment within 24 hours.

 - Membership benefits will be suspended temporarily until the payment issue is resolved.

2. Consecutive Payment Failure:

 - Upon a second consecutive payment failure, the member will be notified, a late fee of $25 will be applied, and the member will have an additional 72 hours to settle the payment.

 - Continuous failure to resolve the payment will lead to permanent suspension of membership benefits and cancellation of the membership.

3. Collection Process:

 - Unresolved payments after consecutive notifications may lead to the account being forwarded to a collections agency to recover the unpaid dues for the remaining commitment period.

 - Members are responsible for any additional fees associated with the collection process, including collection agency fees, reasonable attorney’s fees, and court costs.

**Charges for Classes Taken**

- If a membership is cancelled prior to fulfilling the 3-month commitment due to payment failures, the member will be charged at the regular class drop-in rate for all classes attended since the original registration date.

**Reinstatement**

- Members whose memberships have been cancelled due to non-payment will not be eligible to restart their membership for a period of six months from the cancellation date.

- To be reinstated, former members must clear any outstanding balances and agree to the current membership rates applicable at the time of rejoining.

**Cancellation Policy Reminder**

- To cancel their membership, members must submit a written request at least 15 days prior to the next scheduled debit to avoid future charges.

- Upon approved cancellation, members forfeit access to any promotional or discounted rates and cannot restart their membership for three months from the date of cancellation.

**Pro-Rating Policy Clarification**

- We do not pro-rate months, as this policy ensures fairness and simplicity in managing memberships and promotes full-month participation to maximize member benefits.

**Conclusion**

Understanding and adhering to these terms are crucial for maintaining the quality and integrity of the services offered at Sankalpa Bhogah Wellness Center. By agreeing to these terms upon joining, members help ensure smooth operation and excellent service delivery, aligning with our wellness goals. This policy is designed to manage memberships effectively while ensuring that all members receive the quality and continuity of service they expect and deserve.

**\*\*Pre-Opening Preparation\*\***

Before our grand opening, essential tasks include securing permits, completing construction, soundproofing, equipping the facility, hiring qualified staff, and setting up an online booking system

\*\*Grand Opening and Ongoing Operations\*\*

Our grand opening will feature a private celebration for founding members, special discounts, and meticulous attention to registration, scheduling, and customer service. Ongoing operations will maintain high cleanliness standards, regular staff training, and active engagement with member feedback to continuously improve our services.

\*\*Conclusion\*\*

By adhering to these guidelines, Sankalpa Bhogah aims to provide a nurturing environment where members can explore and grow in their wellness journeys. This policy ensures that the wellness center operates smoothly and reflects our core philosophy and values.